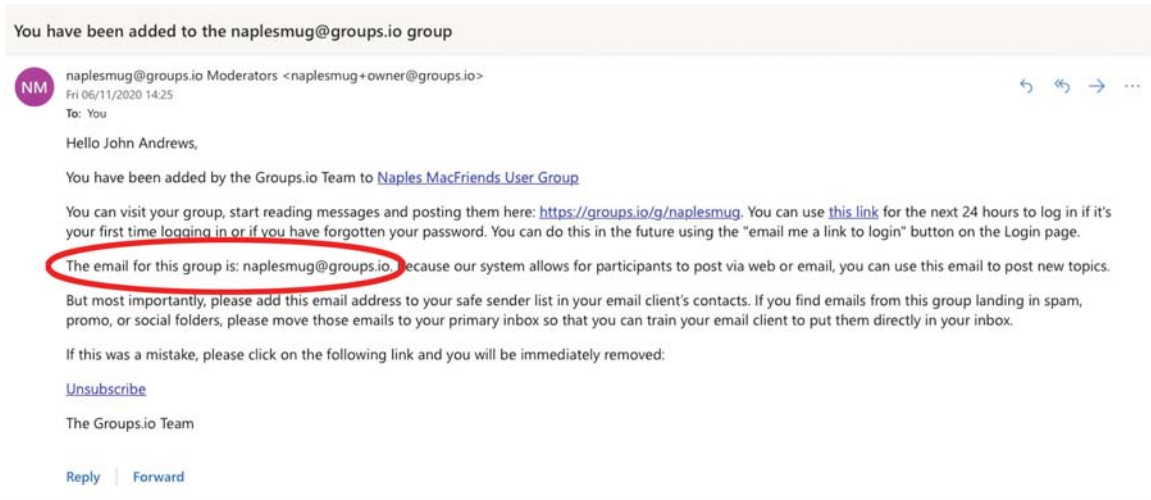


# PART ONE - THE BASICS

You will soon receive two e-mails: one telling you you've been added to [groups.io](https://groups.io), and the other welcoming you to [naplesmug@groups.io](mailto:naplesmug@groups.io) - Please read them carefully. The '**added to groups.io**' e-mail will look like this:

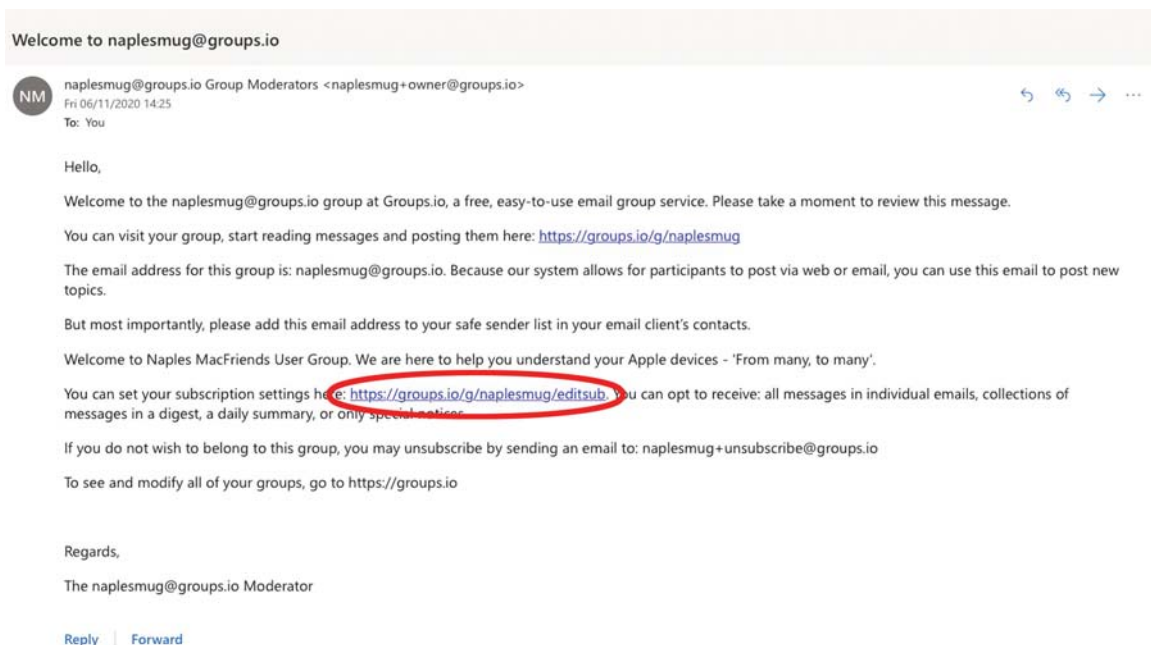


I've circled the really important information in red. If you simply want to send a question to the message board you just need to use this address:

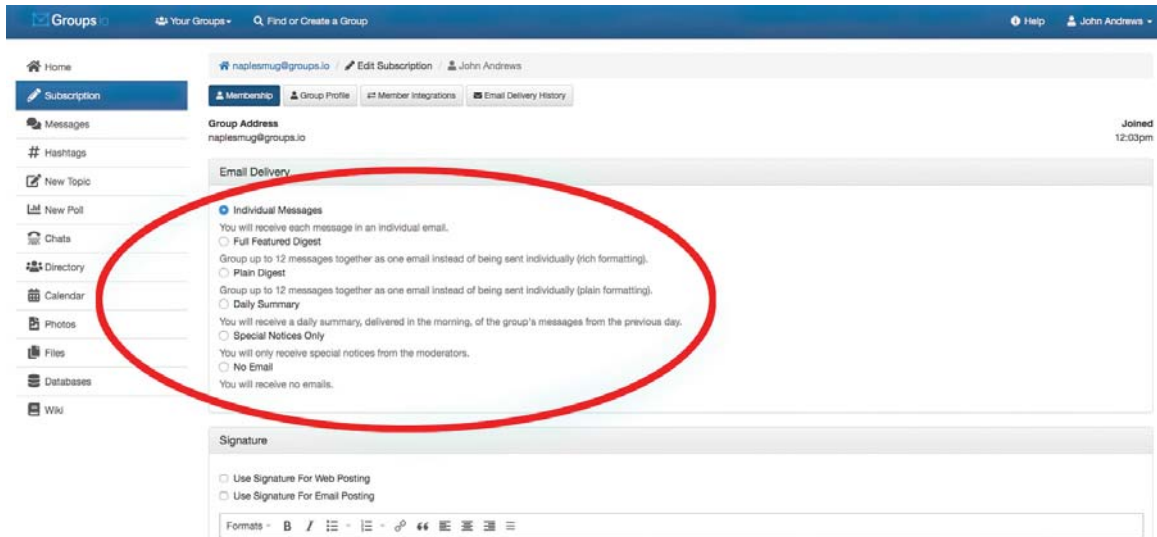
[naplesmug@groups.io](mailto:naplesmug@groups.io)

And everyone will receive your mail, and hopefully be able to help you.

There's just one more important step, and that is to decide how you would like to receive mail from the message board. You'll find the link in the '**Welcome**' e-mail:



When you click on the link you will be taken to this page on the [groups.io](https://groups.io) website:



Choose how you would like mail delivered to you - Each message as it is posted, a digest version containing up to 12 post, a daily summary or no e-mail. We hope you won't choose the last one, because that would mean if you asked a question, you wouldn't get any replies :) We have set the default to 'Daily Delivery', so you will receive one post from the board each morning, containing all the previous day's posts. You can, of course, change this if you would like to.

And that is all there is to it! You can send mail, addressed to [naplesmug@groups.io](mailto:naplesmug@groups.io) and you will receive answers in whatever format you have requested.